

# SAVORY BEEF STEW

grandma schramer

2 lbs. stewing beef, cut in 1" cubes	1 clove garlic, minced
1/4 c. cooking oil	1 Tbs. parsley flakes
1 1/2 c. chopped onion	2 1/2 tsp. pepper
1 (1lb.) can tomatoes, cut up	1 bay leaf
3 Tbs. quick cooking tapioca	6 carrots, cut into strips
1 (10 1/2 oz.) can condensed beef broth	3 med. potatoes, quartered

Brown beef cubes on all sides in hot oil in large skillet. Add onion, tomatoes, tapioca, beef broth, garlic, parsley, salt, pepper, and bay leaf. Bring mixture to boil. Turn into 3 qt. casserole and cover. Bake at 350 deg. for 1 hr. and 30 min. Add vegetables and continue cooking 1 hr. more until vegetables are tender. Makes 6-8 servings.